

CREATIVE MOVEMENT 2-3 YR OLDS

Creative movement is a fun way for young children to explore movement through music and mimic play. It encourages imagination and creativity as well as expending energy.

SEE WEEKLY SCHEDULE FOR
OFFERING

BALLET/TAP COMBO 4-6 YR OLDS

Ballet – Theatrical dance in which a formal academic technique is combined with music, poetry, costume, and scenery. Ballet is a highly disciplined stage art, based on a centuries-old tradition of movement. It is also the foundation of many other forms of dance, such as Hip Hop and Jazz. Ballet is a disciplined form of dance that instills poise, grace, body carriage and flexibility.

This class concentrates on AGE-APPROPRIATE techniques taught at the ballet barre, center floor, jumps and turns.

Tap is a popular style of American theatrical dance distinguished by percussive footwork that marks out precise rhythmic patterns on the floor. Dancers develop a keen sense of rhythm and balance.

OFFERED AS LEVEL I OR LEVEL II

SEE WEEKLY SCHEDULE FOR
OFFERINGS.



BALLET

7-10 OR 11-16 YR OLDS

SEE DESCRIPTION ON PREVIOUS
COLUMN

Level I– Basic class format, terminology, and technique.

Level II/III – More complicated terminology and technique are incorporated, concentrating more on center floor work, jumps, and turns.

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BEGINNING TAP 7- 10 OR 11-16 YR OLDS

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OFFERINGS

JR HIP-HOP 5-7 YR OLDS

A modified Hip Hop class just for the little ones!! Though Hip Hop calls for fast, precise movements (see description in next column), this class is created JUST FOR THIS AGE-GROUP!!

MON/515-6PM (45-minute classes)

ADULTS (17+)

Dancers will learn a combination of Ballet, Modern, and Jazz & NOW TAP!!

Ballet – *See Description on previous column.*
Modern -- Related to ballet, but aims at different types of performance, instead of

the classical ballet. Modern dancers prefer a more relaxed and free style of dancing. While ballerinas try to be light on their feet, modern dancers use body weight to increase movement.

Jazz -- Showcases a dancer's individual style and originality. This type of dance is high energy, fun, and consists of unique, exaggerated moves, fancy footwork, huge leaps, and turns.

Tap (as Requested) -- *See Description on previous column*

TUES/715-830PM 75-
minute classes

[CONTEMPORARY]
HIP-HOP
8-16 YR OLDS

Originating from Break Dancing in the 1980's, Hip Hop is an extremely energetic form of dancing. It is unique in that it allows its dancers to perform with freedom of movement, adding in their own personalities, with very fast arm, leg, body, and head movements.. *Some choreography will incorporate Modern moves and style.*

WED/6-715PM
75-minute classes